

**Medical University, Sofia, Department of Psychiatry and Medical
Psychology
COURSE “MEDICAL PSYCHOLOGY” 2018/ 2019
Syllabus**

1. Characteristics of the doctor - patient relationship. Models of doctor-patient relationship – paternalism, consumerism, partnership.
2. Elements of the positive doctor-patient relationship. Strengthening therapeutic alliance and adherence to treatment.
3. Communication: definition, theories and types of communication.
4. Communication: Perception, attribution, attitude. Levels of communication. Communication in different cultures
5. Theories of Psychological Development - Psychoanalysis, Behaviorism, Cognitive Psychology, Systemic Approach.
6. Erik Erikson’s theory of psychosocial development: life cycle, age-related crisis and development goals (positive and negative outcomes): from 1st to 8th stage.
7. Personality and behavior in health and illness.
8. Theories for personality and psychological reactions to illness.
9. Theory of stress - phases in stress, signs and symptoms of stress. Coping with stress. Adaptive and maladaptive reactions to stress. Stress and illness.
10. Trauma and consequences to the psychic health. Types of maltreatment and aggravating factors. Resilience.
11. Interview. Types of interview. Interviewing skills. Adaptation of the interview to specific situations.
12. Interview on painful topics that require special approach. Bereavement reaction. Social and cultural aspects of the Interview. Ethical principles.
13. Biopsychosocial model - principles, practice, and scientific inquiry.
14. Needs assessment and individual care planning from the biopsychosocial paradigm.